



Voluntary Staff Over 18 Years Old Declaration

- (1) I understand that recreational activities organised by Teen Ranch may include, but are not limited to, horse riding, canoeing, abseiling, low and high ropes courses, rock climbing, abseiling, archery, crate climb, giant swing, challenge course, pool games, bush skills, orienteering, bush walks, campfires, wide games, indoor games, initiatives, free time, swimming, sports, craft activities and other similar activities arranged from time to time (**Activities**).
- (2) I acknowledge that the Activities are of their nature inherently dangerous.
- (3) I agree to comply with all rules and warnings made available by Teen Ranch with respect to the Activities and follow any instructions or directions given by any employees, representatives or agents of Teen Ranch.
- (4) I certify that I am physically fit and have no medical condition that would make participation in the Activities more hazardous. If I am pregnant, disabled in any way or have recently suffered an illness, injury or impairment, I should have or did consult a physician before participating in the Activities.
- (5) I agree not to consume alcohol prior to the Activities or use any medicines or substances that will inhibit my mental or physical ability to safely and effectively participate in the Activities.
- (6) I agree that Teen Ranch is not responsible for any personal items or property that is lost, damaged or stolen during the Activities and/or from the campsite generally.
- (7) I understand that Teen Ranch is committed to conducting the Activities in a safe manner and holds the safety of participants in the highest regard and that Teen Ranch attempts to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety.
- (8) I am solely responsible for determining if I am physically fit and/or sufficiently skilled for the Activities.
- (9) I recognise and acknowledge that there are risks of physical injury to participants in the Activities, and I freely and voluntarily agree to assume the full risk of any and all injuries that I may sustain as a result of participation in the Activities.
- (10) Except where such a claim arises as a result of the negligent acts or omissions of Teen Ranch, I assume all risks and hazards incidental to such participation in the Activities, and I waive and indemnify Teen Ranch, its officers, employees, agents and representatives, for any claim arising out of an injury to myself and from any and all claims arising out of or connected with my participation in the Activities.
- (11) Except where such a claim arises as a result of the negligent acts or omissions of Teen Ranch, I agree to release, and not make any claim against Teen Ranch arising as a result of, or in connection with, my participation in the Activities. I agree to indemnify Teen Ranch, its past and present employees, volunteers and agents from any and all third party claims caused in whole or in part by my negligent or intentional acts or omissions.
- (12) I consent to medical care and transportation in order to obtain treatment in the event of injury to me during the Activities, as Teen Ranch staff members and group leaders may deem appropriate.
- (13) I understand that this document extends to any liability arising out of or in any way connected with the medical treatment and transportation provided in the event of an emergency and/or injury to me.
- (14) I agree to not amend any part of this document.
- (15) I acknowledge that I have read and fully understood the important information above and agree to the terms of this document.

Name (printed)

Signature

Date